

IV TRAIL ARCOS - Arcos Pontareas 8-10-17

VI Proba Copa Galega

SENIOR MACULINO

Post	Corredor	sexo	Cat	SbCat	Equipo	SALIDA	LLEGADA	TIEMPO
1	ELPIDIO GOMEZ SOUSA	M	SENM-01	VETM-A-01	RIBEIRA SACRA - CA MACEDA	9:03:12	11:39:57	2:36:45
2	EMILIO MONTILLA FERNANDEZ	M	SENM-02	VETM-A-02	LA GRAMOLA GTR	9:03:12	11:42:09	2:38:57
3	ROBERTO MATA MARTINEZ	M	SENM-03		RUNNING SPORT TRAIL	9:03:12	11:42:13	2:39:01
4	FERNANDO ARCA CASAL	M	SENM-04	VETM-A-03	CDM XESTEIRAS	9:03:12	11:44:22	2:41:10
5	MIGUEL RAMOS LOPEZ	M	SENM-05		RUNNING SPORT TRAIL	9:03:12	11:48:32	2:45:20
6	EDUARDO SOTELO MARTINEZ	M	SENM-06		PEÑA TREVINCA	9:03:12	11:51:53	2:48:41
7	SEBASTIÁN REBORDA LORENZO	M	SENM-07		CAMINHANTES DO CONDADO	9:03:12	11:54:22	2:51:10
8	ALEX SANMARTIN GONZÁLEZ	M	SENM-08		XESTEIRAS	9:03:12	11:55:00	2:51:48
9	ADOLFO GARRIDO FERNANDEZ	M	SENM-09	VETM-A-04	RUNNING SPORT TRAIL	9:03:12	12:07:25	3:04:13
10	CAMILO FRAGA OTERO	M	SENM-10		LA GRAMOLA GTR	9:03:12	12:21:34	3:18:22
11	ELEUTERIO MANUEL COUCEIRO EIRÍS	M	SENM-11	VETM-B-1	RIBEIRA SACRA - CA MACEDA	9:03:12	12:29:53	3:26:41
12	ANGEL GONZALEZ IGLESIAS	M	SENM-12			9:03:12	12:30:14	3:27:02
13	FERNANDO LAGO CASTRO	M	SENM-13	VETM-A-05	COUTADAS TRAIL TEAM	9:03:12	12:31:39	3:28:27
14	LUIS CLODOMIRO MARTINEZ SILVEIRA	M	SENM-14	VETM-A-06	CDM VÉRTICE	9:03:12	12:31:49	3:28:37
15	MARTÍN RODRÍGUEZ FERNÁNDEZ	M	SENM-15		DEPORTES EL 21	9:03:12	12:35:30	3:32:18
16	RAMIRO ALVAREZ NORES	M	SENM-16	VETF-B-2	C.A.R. MARISQUEIRO	9:03:12	13:06:29	4:03:17
17	IVAN IGLESIAS AMIL	M	SENM-17	PRMM-1	CAZAFANTASMAS	9:03:12	13:09:37	4:06:25
18	JOSE RAMON ALBA BLANCO	M	SENM-18		RUNNING SPORT TRAIL	9:03:12	13:16:24	4:13:12
19	RAMÓN RODRÍGUEZ GONZALEZ	M	SENM-19	VETM-A-07	KORPOREARENTEIRO TRAIL	9:03:12	13:16:55	4:13:43
20	PABLO CONDE ESTÉVEZ	M	SENM-20		CLUBE DE MONTAÑA XISTRA	9:03:12	13:16:56	4:13:44
21	RICARDO MONJE GARCIA	M	SENM-21	VETM-A-08	CAMINHANTES DO CONDADO	9:03:12	13:19:15	4:16:03
22	JOSE MANUEL POUSA FERNANDEZ	M	SENM-22	VETM-B-3	RUNNING SPORT TRAIL	9:03:12	13:21:19	4:18:07
23	DIONISIO PEREZ GONZALEZ	M	SENM-23		CAZAFANTASMAS	9:03:12	13:24:43	4:21:31
24	JOSE MIGUEL MERINO ENCINAS	M	SENM-24		CLUBE DE MONTAÑA XISTRA	9:03:12	13:25:47	4:22:35
25	MARCOS GOBERNA COMESAÑA	M	SENM-25			9:03:12	13:26:07	4:22:55
26	EDUARDO ALVAREZ EIROS	M	SENM-26		CAMINHATES DO CONDADO	9:03:12	13:28:49	4:25:37
27	MANUEL ROLÁN DÍAZ	M	SENM-27	VETM-A-09	UNIÓN VEGETARIANA ESPAÑOLA	9:03:12	13:49:03	4:45:51
28	PABLO SIO OTERO	M	SENM-28			9:03:12	13:52:57	4:49:45

SENIOR FEMENINO

1	BELÉN RODRÍGUEZ VIDAL	F	SENF-1	VETF-A-1	KÓRPORTE ARENTEIRO TRAIL	9:03:12	12:54:00	3:50:48
2	LOLI PÉREZ RODRÍGUEZ	F	SENF-2	VETF-B-1	CAZAFANTASMAS TEAM	9:03:12	13:19:14	4:16:02
3	CRISTINA YUDEGO GARCÍA	F	SENF-3	VETF-A-2	CLUB ATLETISMO SADA MONTAÑA	9:03:12	13:28:10	4:24:58
4	COVADONGA GALLEGO VILLASENIN	F	SENF-4	VETF-B-2	CLUB ATLETISMO SADA MONTAÑA	9:03:12	13:28:46	4:25:34
5	DORA RIVEIRO GÓMEZ	F	SENF-5	VETF-A-3	KORPOREARENTEIRO TRAIL	9:03:12	13:28:47	4:25:35
6	RAQUEL ROCHA LAPIDO	F	SENF-6	VETF-A-4	KENNELDEN	9:03:12	13:47:31	4:44:19

PROMESA MASCULINO

1	IVAN IGLESIAS AMIL	M		PRMM-1	CAZAFANTASMAS	9:03:12	13:09:37	4:06:25
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VETERANOS A

1	ELPIDIO GOMEZ SOUSA	M		VETM-A-01	RIBEIRA SACRA - CA MACEDA	9:03:12	11:39:57	2:36:45
2	EMILIO MONTILLA FERNANDEZ	M		VETM-A-02	LA GRAMOLA GTR	9:03:12	11:42:09	2:38:57
3	FERNANDO ARCA CASAL	M		VETM-A-03	CDM XESTEIRAS	9:03:12	11:44:22	2:41:10
4	ADOLFO GARRIDO FERNANDEZ	M		VETM-A-04	RUNNING SPORT TRAIL	9:03:12	12:07:25	3:04:13
5	FERNANDO LAGO CASTRO	M		VETM-A-05	COUTADAS TRAIL TEAM	9:03:12	12:31:39	3:28:27
6	LUIS CLODOMIRO MARTINEZ SILVEIRA	M		VETM-A-06	CDM VÉRTICE	9:03:12	12:31:49	3:28:37
7	RAMÓN RODRÍGUEZ GONZALEZ	M		VETM-A-07	KORPOREARENTEIRO TRAIL	9:03:12	13:16:55	4:13:43
8	RICARDO MONJE GARCIA	M		VETM-A-08	CAMINHANTES DO CONDADO	9:03:12	13:19:15	4:16:03
9	MANUEL ROLÁN DÍAZ	M		VETM-A-09	UNIÓN VEGETARIANA ESPAÑOLA	9:03:12	13:49:03	4:45:51

VETERANOS B

1	ELEUTERIO MANUEL COUCEIRO EIRÍS	M		VETM-B-1	RIBEIRA SACRA - CA MACEDA	9:03:12	12:29:53	3:26:41
2	RAMIRO ALVAREZ NORES	M		VETF-B-2	C.A.R. MARISQUEIRO	9:03:12	13:06:29	4:03:17
3	JOSE MANUEL POUSA FERNANDEZ	M		VETM-B-3	RUNNING SPORT TRAIL	9:03:12	13:21:19	4:18:07

VETERANAS A

1	BELÉN RODRÍGUEZ VIDAL	F		VETF-A-1	KÓRPORTE ARENTEIRO TRAIL	9:03:12	12:54:00	3:50:48
2	CRISTINA YUDEGO GARCÍA	F		VETF-A-2	CLUB ATLETISMO SADA MONTAÑA	9:03:12	13:28:10	4:24:58
3	DORA RIVEIRO GÓMEZ	F		VETF-A-3	KORPOREARENTEIRO TRAIL	9:03:12	13:28:47	4:25:35
4	RAQUEL ROCHA LAPIDO	F		VETF-A-4	KENNELDEN	9:03:12	13:47:31	4:44:19

VETERANAS B

1	LOLI PÉREZ RODRÍGUEZ	F	SENF-2	VETF-B-1	CAZAFANTASMAS TEAM	9:03:12	13:19:14	4:16:02
2	COVADONGA GALLEGO VILLASENIN	F	SENF-4	VETF-B-2	CLUB ATLETISMO SADA MONTAÑA	9:03:12	13:28:46	4:25:34

JUNIOR MASCULINO

1	MIGUEL MUÑIZ SANVICENTE	M	JUN		BARBANTIA RODA	10:05:48	12:19:59	2:14:11
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JUNIOR FEMENINO

1	CARMEN LÓPEZ DINIZ	F	JUN		MADERAS BARCIA LOURENZÁ	10:05:48	13:04:26	2:58:38
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CADETE MASCULINO

1	IVAN VAZQUEZ PEREZ	M	CAD		RUNNING SPORT TRAIL	10:05:48	11:20:04	1:14:16
2	DAVID BURGOS ARGIBAY	M	CAD		ATLETISMO PORRIÑO	10:05:48	11:27:40	1:21:52
3	ANXO GIRÁLDEZ TEIXEIRA	M	CAD			10:05:48	11:28:12	1:22:24